



## VIP4 - Newsletter #4 - 07/2026

Düsseldorf, 1st July 2026

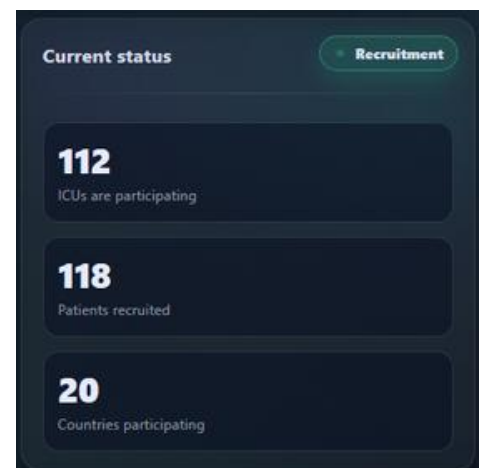
Dear colleagues,  
following the successful enrolment of our first patient in April, recruitment for the VIP4 study is now actively ongoing across participating sites. We are pleased to see that centers in Germany, Sweden, and Turkey have already started enrolling patients!

### Patient recruitment update

We are pleased to share that 118 patients have now been enrolled in the VIP4 study.

The majority of participants have been recruited by study sites in Germany, with additional valuable contributions from our colleagues in Sweden and Poland. We would like to sincerely thank all investigators and research teams for their continued dedication and excellent work!

Several additional countries and study sites are currently in the final stages of the ethics approval and contracting processes. We therefore expect recruitment to accelerate significantly over the coming weeks and months as more centers begin enrolling patients.



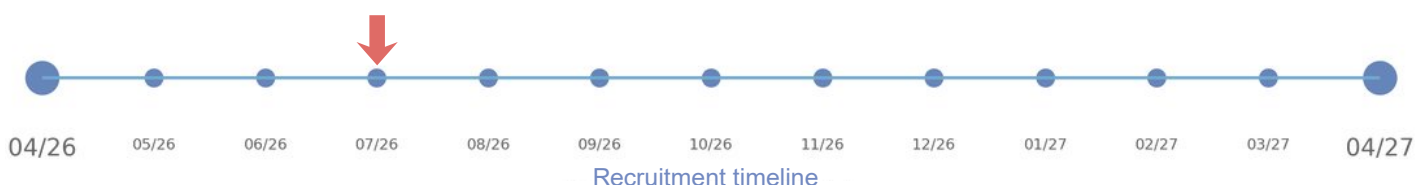
### Celebrating Every 100th Patient

Every patient enrolled in VIP4 is an important step towards the success of our study, and we would like to celebrate these milestones together with our participating sites.

To recognize the efforts of our study teams, we will mark every 100th patient enrolled in the VIP4 study with a small token of appreciation for the recruiting center. The team responsible for enrolling each milestone patient will receive a small appreciation gift, such as a selection of sweets or other treats, as a thank-you for their dedication and hard work.

We are delighted that the first milestone award has already been presented, and we are looking forward to sending many more appreciation packages as recruitment continues to grow!

Thank you to all investigators, study nurses, and research coordinators for your ongoing commitment to VIP4. We are excited to celebrate many more milestones together!



## Center spotlight - Charité in Berlin is our first recruitment champion!

A huge congratulations to the team at Charité Berlin, led by Dr. Tharusan Thevathasan, for reaching two milestones in the VIP4 study!

The Charité team was the first study site to recruit 20 patients, earning the award for being the first center to reach this recruitment target. In addition, they recruited the 100th patient enrolled in the VIP4 study overall, another exciting milestone for the study.

The momentum has continued, and the team has now recruited an impressive 31 patients into VIP4.

A big thank you to Dr. Thevathasan and the entire Charité Berlin team for your commitment, enthusiasm, and hard work. Your dedication is making a real difference to the success of the VIP4 study!

Congratulations, and keep up the fantastic work!



Prof. Christian Jung (Principal Investigator of VIP4) and Dr. Thevathasan (VIP4 Investigator at Charité Berlin).



Dr. Thevathasan and the VIP4 Team at Charité Berlin.

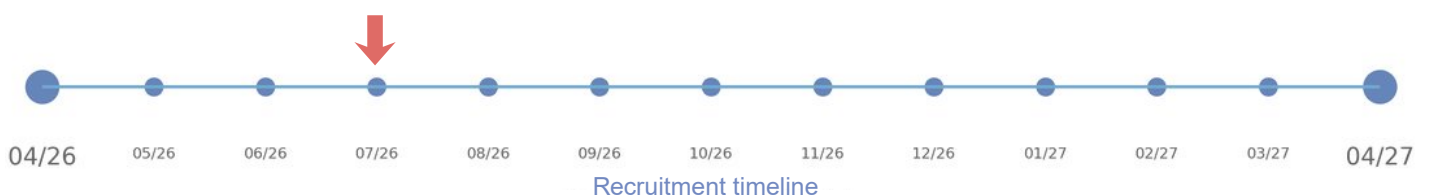
### We are continuously welcoming new centers to join the VIP4 study!

We are delighted to share that we have now reached 100 participating centers, achieving half of our target of 200 centers. We would like to sincerely thank all investigators and study teams for their valuable support and commitment.

Institutions interested in participating are warmly invited to register via:

→ [www.vip4.eu](http://www.vip4.eu)

We would also greatly appreciate it if participating centers could help spread the word about the VIP4 study and encourage colleagues at other institutions to join. Your support is essential in helping us reach our recruitment goal and further strengthen this important international collaboration.



## Join our upcoming hybrid workshop: The trajectory of very old patients with critical conditions

We warmly invite all collaborators and interested colleagues to join our upcoming hybrid workshop on **July 1st, 2026**, bringing together international experts to discuss challenges, opportunities, and future directions in improving care trajectories and long-term outcomes for very old intensive care patients. The programme includes presentations on frailty, geriatric assessment, decision-making, and the next steps of the VIP4 study, followed by interactive discussions on how to move forward together.



**Date: July 1st, 2026**



**Location: Hybrid (on-site in Düsseldorf & online via MS Teams)**



**Contact: [christina.peter@med.uni-duesseldorf.de](mailto:christina.peter@med.uni-duesseldorf.de)**

If you are interested in participating at the last minute, please feel free to contact us directly for further information and registration details!

### Topics include:

- The concept of age and implications for intensive care
- Decision-making for old patients in critical care
- Geriatric assessment in acute and critical care
- Validation of the FRAIL-ICU checklist
- Challenges and solutions across healthcare systems
- Next step VIP4: Interplay of age, frailty and cardiovascular comorbidities
- International perspectives from Europe, Australia, Brazil, Hong Kong and the US



## Hybrid-Workshop 01.07.2026

### 'The trajectory of very old patients with critical conditions'

*The goal is to find ways to collaborate in improving care trajectories and long-term outcome for very old intensive care patients (VIPs). This includes identifying major obstacles and facilitators across healthcare systems. Collaborative activities are needed for example as part of international networks. For more information about the VIP group: [www.vipstudy.org](http://www.vipstudy.org) and [www.vip4.eu](http://www.vip4.eu)*

Time (CET)	Phase	Content
8:45 - 9:00	Coming together	
9:00 - 9:15	Welcome	<ul style="list-style-type: none"> <li>• Welcome from University Hospital Düsseldorf (Malte Kelm, Director – Department for Cardiology, Pulmonary Diseases and Vascular Medicine)</li> <li>• Objective of the round table</li> <li>• Brief introduction of the participants</li> </ul> <p>Moderators: Christian Jung / Malte Kelm</p>
9:15 - 9:45	Presentations (20 min and 10 min of discussion)	<p><b>The concept of 'age' (on site)</b> Ashwin Subramaniam</p>
9:45 - 10:15		<p><b>Decision-making for old patients in intensive care in Hong Kong (online)</b> Wai Tat Wong</p>
10:15 - 10:45		<p><b>Building modern pathways by Intermediate care units (on site)</b> Bertrand Guidet</p> <p>Moderator: Christian Jung</p>
10:45 - 11:15	Coffee break	

11:15 - 11:45		<b>Geriatric assessment in acute and critical care</b> Cristina Polidori
11:45 - 12:15	<b>Presentations</b> (20 min and 10 min of discussion)	<b>The validation of the FRAIL-ICU checklist (on site)</b> Ashwin Subramaniam
12:15 - 12:45		<b>Interplay of age, comorbidities and frailty in cardiovascular patients: Next step VIP4 study (on site)</b> Christina Peter  Moderator: Wojciech Szczeklik
12:45 - 13:30		Lunch break
13:30 - 14:00	<b>Presentations</b> (20 min and 10 min of discussion)	<b>Challenges in and solutions from Brazil (online)</b> Daniel Forte
14:00 - 14:30		<b>What can we learn from trauma care (on site)</b> Susannah Leaver
14:30 - 15:00		<b>Recent developments in the US (online)</b> Lauren Ferrante  Moderator: Hans Flaatten
15:00 - 15:15	Coffee break	
15:30 - End	Panel discussion	<b>How to move forward?</b> Moderators: Christian Jung & Michael Beil

**MS Teams Link:**

<https://teams.microsoft.com/meet/346455751562583?p=2IUs29H2VuVt2Ta9FI>

**Location:** O.A.S.E 16.61, Moorenstraße 5, 40225 Düsseldorf, Germany

<https://maps.app.goo.gl/CVmPjzkN6m7xU9PH9>

**Public transport stops:**

**Uni-Kliniken and Universität Nord**, served by tram line **704** from Düsseldorf Main Station

**Parking:**

P3: <https://maps.app.goo.gl/UyuWiNJmtsY9sWFr5> (free)

P4: <https://maps.app.goo.gl/uqqwP9bU9R7XAviW5> (free)

P5: <https://maps.app.goo.gl/rrwzu2zqKyULBN6u7> (free)

P6: <https://maps.app.goo.gl/QaHqVgcw5cUKGCuw7> (subject to a fee)

P9: <https://maps.app.goo.gl/HMNL6aWdU5i8hHLz7> (free)

