VIP4 - Newsletter #8 - 11/2026 Düsseldorf, 1st November 2026



View from the entrance of the Lisbon Congress Centre.

Recap - ESICM congress in Lisbon

The ESICM Congress in Lisbon was a great opportunity to bring VIP4 investigators and collaborators together!
From our study group dinner to the VIP meeting during the congress, we had many great opportunities to connect, exchange ideas, and discuss the ongoing progress of the VIP4 study. It was especially rewarding to meet national coordinators, investigators, and colleagues interested in the study in person, share experiences from different participating countries, and strengthen our international collaboration.
A big thank you to everyone who joined us, contributed to the discussions, and continues to support the VIP4 study.
We look forward to building on these connections and continuing our work together!

⭐ Center Spotlight and Recruitment Update

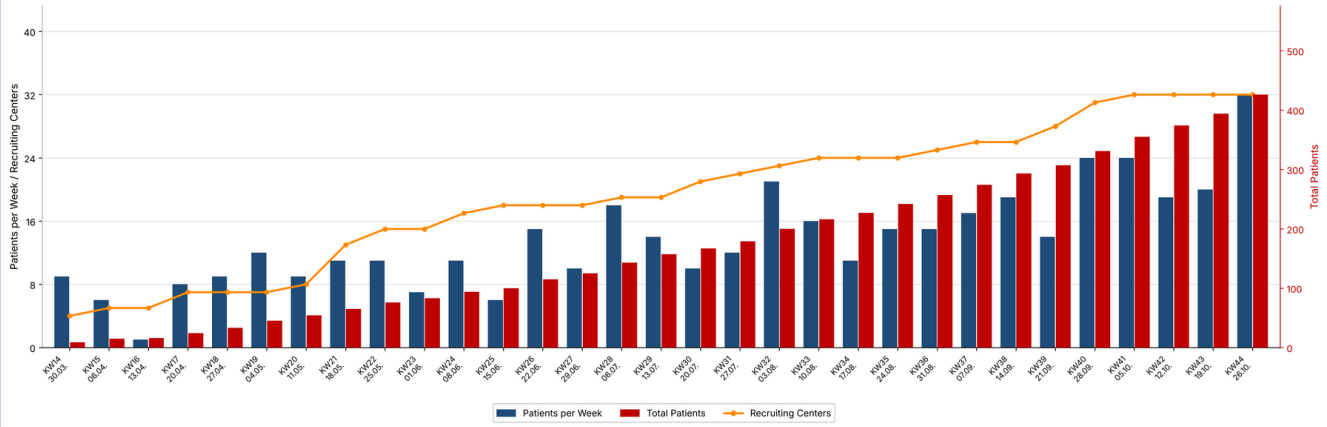
Recruitment for the VIP4 study is gaining momentum! In October, we reached an exciting milestone, surpassing 400 patients enrolled!
A special thank you to **Vall d'Hebron University Hospital** and the investigator David Salamon Pérez Díaz for enrolling the 400th patient in the VIP4 study!





Recruitment timeline

Recruitment continues to progress across the VIP4 network!



Weekly Recruitment Overview (April–October 2026). Dark blue bars indicate patients enrolled per calendar week, red bars show the cumulative total (right axis), and the orange line tracks the number of actively recruiting ICU centers. By week 44, a total of 426 patients had been enrolled across 32 centers.

❗ REMINDER

As the recruitment phase of the VIP4 study continues to progress, we would like to kindly remind all participating centers to finalize any outstanding contracts and submit the required ethics applications as soon as possible. Completing these steps will help us bring additional centers into active recruitment and further accelerate enrolment across the study.
If you have any questions or require support, please do not hesitate to contact your National Coordinator or the VIP4 Study Coordination Team via christina.peter@med.uni-duesseldorf.de.

We are continuously welcoming new centers to join the VIP4 study!

We are delighted to share that we have now reached 100 participating centers, achieving half of our target of 200 centers. We would like to sincerely thank all investigators and study teams for their valuable support and commitment.
Institutions interested in participating are warmly invited to register via:
➡ **www.vip4.eu**
We would also greatly appreciate it if participating centers could help spread the word about the VIP4 study and encourage colleagues at other institutions to join. Your support is essential in helping us reach our recruitment goal and further strengthen this important international collaboration.



Recruitment timeline